HANDS AND FINGERS	
Location	□ Right Hand □ Left Hand □ Both Hands
	□ Right Fingers □1 □2 □3 □4 □5 □ Left Fingers □1 □2 □3 □4 □5
Pain Ratings	□ 0 □1 □2 □3 □4 □5 □6 □7 □8 □9 □10 (Excruciating)
Frequency	☐ Infrequent < 25% ☐ Occasional 25% to 50%
	☐ Frequent 50% to 75% ☐ Constant > 75%
Pain	□ No Pain □ Pain □ Numbness □ Tingling
Severity	□ Mild □ Moderate □ Severe
Associated with	□ Numbness □ Swelling □ Tingling □ Stiffness □ ROM
Radiates to	☐ Right Forearm ☐ Right Wrist ☐ Left Wrist
Described as	□ Aching □ Dull □ Sharp □ Stabbing □ Throbbing
At its worst	☐ Morning ☐ Afternoon ☐ Evening ☐ Night
	After Activities: □ Light □ Moderate
What makes it better?	□ Medication □ Lying Down □ Standing □ Sitting
	☐ Stretching ☐ Range of Motion ☐ Nothing
What makes it worse?	☐ Movement ☐ Housework ☐ Lifting ☐ Driving
	□ Working □ Grasping □ Writing