FOOT/TOES	
Location	□Left □Right □Both □ Toes □1 □2 □3 □4 □5
Pain Ratings	□ 0 □1 □2 □3 □4 □5 □6 □7 □8 □9 □10 (Excruciating)
Frequency	☐ Infrequent < 25% ☐ Occasional 25% to 50% ☐ Frequent 50% to 75% ☐ Constant > 75%
Pain/Severity	□ No Pain □ Pain □ Numbness □ Tingling / □ Mild □ Moderate □ Severe
Associated with	☐ Decreased ROM ☐ Increased sensitivity ☐ Numbness ☐ Swelling ☐ Tingling
Radiates to	□ Right Ankle □ Right Calf □ Left Calf □ Right Knee □ Right Thigh □ Left Thigh □ Lower Back □ Right Lower Back
Described as	□ Aching □ Dull □ Sharp □ Stabbing □ Throbbing
At its worst	 □ Morning □ Afternoon □ Evening □ Night After Activities: □ Light □ Moderate
What makes it better?	□ Lying Down □ Medication □ Nothing □ Sitting □ Standing □ Stretching □ Decreased ROM
What makes it worse?	Prolonged: □ Sitting □ Walking □ Movement □ Weight bearing □ Working