ELBOW	
Location	□ Right Elbow □ Left Elbow □ Both Elbows
Pain Ratings	□ 0 □1 □2 □3 □4 □5 □6 □7 □8 □9 □10 (Excruciating)
Frequency	☐ Infrequent < 25% ☐ Occasional 25% to 50%
	□ Frequent 50% to 75% □ Constant > 75%
Pain/Severity	□ No Pain □ Pain □ Numbness □ Tingling / □ Mild □ Moderate □ Severe
Associated with	☐ Bruises ☐ Numbness ☐ Tingling ☐ Increased sensitivity
	□ Weakness □ Decreased ROM
Radiates to	☐ Right Shoulder ☐ Left Shoulder ☐ Right Elbow ☐ Left Elbow
	□ Right Forearm □ Left Forearm □ Right Hand □ Left Hand
	□ Right Fingers □1 □2 □3 □4 □5 □ Left Fingers □1 □2 □3 □4 □5
Described as	□ Aching □ Dull □ Sharp □ Stabbing □ Throbbing
At its worst	☐ Morning ☐ Afternoon ☐ Evening ☐ Night
	After Activities: ☐ Light ☐ Moderate
What makes it better?	☐ Medication ☐ Lying Down ☐ Standing ☐ Sitting
	☐ Stretching ☐ Range of Motion ☐ Nothing
What makes it worse?	☐ Flexion ☐ Extension ☐ Pronation/Supination ☐ Housework
	□ Lifting □ Driving □ Working